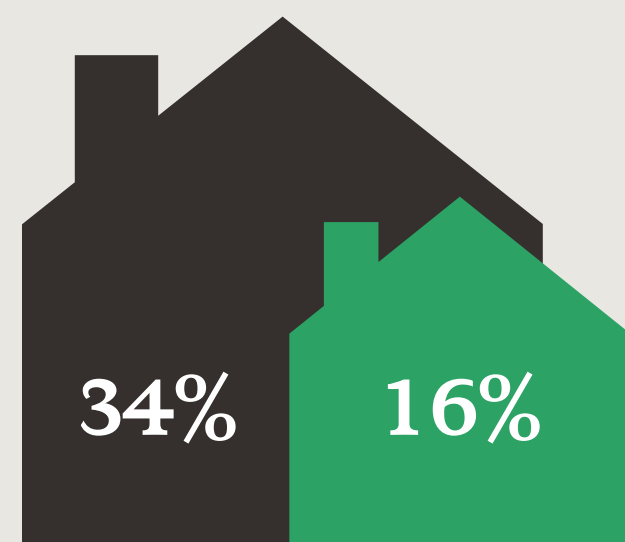
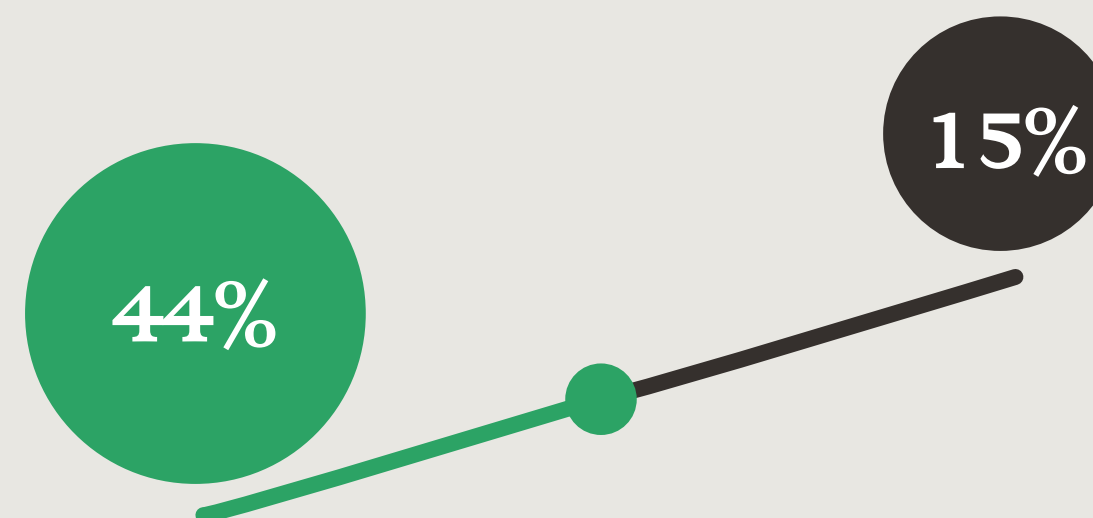


Fairer foundations: How has the pandemic affected young people's mental health?

Here we explore how some groups of young people have been impacted at different stages of the pandemic:



Young people living at home with unemployed parents were more likely to feel down and depressed (**34%**) compared to young people living with parents working full time (**16%**).



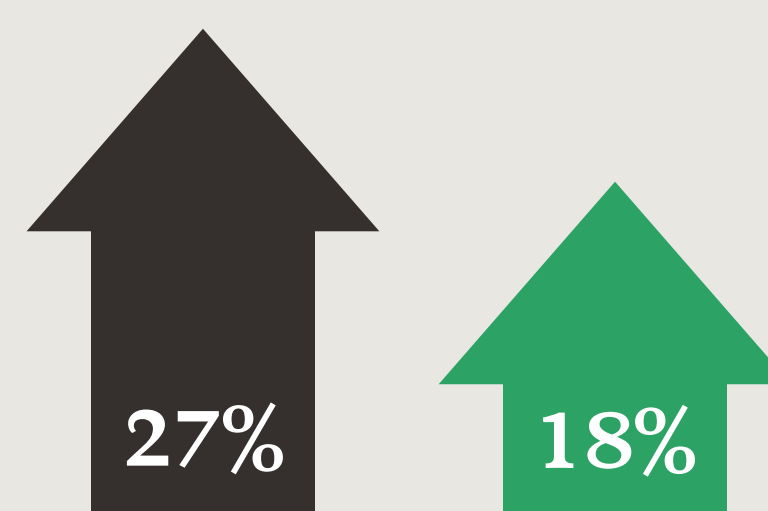
Only **15%** of care-experienced young people felt okay about their next steps after leaving school compared to **44%** of young people with no care experience.



Over half of young people (**59%**) with a mental health condition said that lockdown had made their life worse compared to **37%** of young people without.



41% of disabled young people felt lonely most of the time, compared to **21%** of non-disabled young people.



There was a **27%** increase in young people from ethnic minority communities reaching out with suicidal thoughts compared to an **18%** increase for white young people.



52% of young people not in education, employment or training (NEET) experienced difficulty staying and/or falling asleep, compared to **40%** of non-NEET young people.